

Ole.fit

LOHJA

A black barbell with weights is positioned horizontally across the middle of the frame. The barbell is resting on a checkered floor. The weights are large and black, with some showing embossed text. The background is dark and moody, with the checkered floor pattern receding into the distance.

LAITTEET

AEROBISET LAITTEET:

8TRX TREADMILL

<https://corehandf.com/product/10trx-freerunner-treadmill/>

HIIT ROWER

<https://corehandf.com/product/startrac-8rde-rear-drive-elliptical/>

8RDE REAR DRIVE ELLIPTICAL

<https://corehandf.com/product/startrac-8ub-upright-bike/>

8RB RECUMBENT BIKE

<https://corehandf.com/product/startrac-8rb-recumbent-bike/>

8UB UPRIGHT BIKE

<https://corehandf.com/product/stairmaster-8gx/>

8GX

<https://corehandf.com/product/stairmaster-8gx/>

PAINOPAKKALAITTEET:

M-2026 LEG EXTENSION-eturaisilaite

<https://www.salter.es/en/online-shop/bodybuilding/m-2026-essence-quads-extension/>

M-2027 LEG CURL- takareisilaite maaten

<https://www.salter.es/en/online-shop/bodybuilding/m-2027-essence-leg-curl/>

M-2040 CHEST PRESS

<https://www.salter.es/en/online-shop/bodybuilding/m-2040-essence-horizontal-chest-press/>

M-2041 SEATED ROW

<https://www.salter.es/en/online-shop/bodybuilding/m-2041-essence-seated-row/>

M-2048 ABDOMINAL/LOWER BACK-yhdistelmälaite

<https://www.salter.es/en/installation/bodybuilding/m-2048-essence-abdominal-lumbar/>

M-2076 SHOULDER PRESS

<https://www.salter.es/en/online-shop/bodybuilding/m-2076-essence-shoulder-press/>

M-2083 ADDUCTOR/ABDUCTOR-yhdistelmälaite

<https://www.salter.es/en/strength/103531-m-2083-abductor-adductor-essence.html>

M-2085 PEC FLY/REAR DELT (yhdistelmälaite)

<https://www.salter.es/en/online-shop/bodybuilding/m-2085-essence-pec-fly-rear-delt/>

M-2087 LEG PRESS-jalkaprässi

<https://www.salter.es/en/online-shop/bodybuilding/m-2087-essence-leg-press/>

M-2098 PULLDOWN

<https://www.salter.es/en/strength/103868-m-2098-essence-vertical-back.html>

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MUUT:

M-2095 9 STATIONS MULTI PULLEY

<https://www.salter.es/en/strength/103661-m-2095-9-station-multi-pulley.html>

M-2063 DIPS/CHIN/ABS-teline

https://www.salter.es/uploads/2022/06/mi_M-2063-essence.pdf

F-1021/50 HALF RACK-MONITOIMIRÄKKI

<https://www.salter.es/en/online-shop/bodybuilding/f-1021-power-rack/>

F-1025 HORIZONTAL BENCH -tasapenkki (varmistajan paikalla)

https://www.salter.es/uploads/2022/06/un_F-1025-ESSENCE---eng.pdf

F-1070 SCOTT BENCH

<https://www.salter.es/en/online-shop/bodybuilding/f-1070-scott-bench/>

F-1057 ADJUSTABLE BENCH-säädettävä penkki

<https://www.salter.es/en/online-shop/bodybuilding/f-1056-inclined-press-bench/>

F-1062 VATSAPENKKI

<https://www.salter.es/en/online-shop/bodybuilding/f-1062-abdominal-bench/>

F-1017 ALASELKÄPENKKI

<https://www.salter.es/en/online-shop/bodybuilding/m-1017-hyperextension-bench/>

VAPAAT PAINOT, TANGOT JA LEVYPAINOT

KÄSIPAINOT 12,5 - 40 kg setti (18 paria) ja 3 telinettä

<https://www.salter.es/en/online-shop/bodybuilding/i-1736-dumbbell-rack/>

KÄSIPAINOT 1-10 kg SETTI JA PYSTYTELINE

<https://www.salter.es/en/installation/bodybuilding/i-1734-vertical-rack-for-tpu-dumbbells/>

D-2077-D2071 LEVYPAINOSETTI YHT. 600 KG (eri kokoisia levyjä)

[SALTER Salter D-2071 1,25kg - Disc - black - Private Sport Shop YHT. 600 KG](#)

D-5036 EZ-kulmatanko (50 mm)

<https://www.salter.es/en/online-shop/bodybuilding/d-5036-wave-bar-50-mm-diameter/>

D-5022 SUORA TANKO (20 kg, 220 cm pitkä, 50 mm)

D-5036 EZ-kulmatanko (50 mm)

<https://www.salter.es/b2b/en/strength/103585-d-5036-wave-bar-50-mm-diameter.html>

Y-5460 JUMPPAMATOT

<https://www.salter.es/fr/matrasques/103785-y-5460-tapis-de-sol.html>

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TOIMINNALLISET TELINEET:

F-1022 BASIC FUNCTIONAL RIG

<https://www.salter.es/en/strength/103881-f-1022-basic-module.html>

F-1021/ES UNION FOR RIGS-yhdistinpala

https://www.salter.es/uploads/2022/11/iv_FUNCTIONAL-TRAINING-Catalogue---V022020.pdf

F-1020/MA PARALEL BARS FOR DIPS

https://www.salter.es/uploads/2022/11/iv_FUNCTIONAL-TRAINING-Catalogue---V022020.pdf

F-1020/PT HYPPYALUSTA

https://www.salter.es/uploads/2022/11/iv_FUNCTIONAL-TRAINING-Catalogue---V022020.pdf

PX-055 JUMP BOX

<https://www.salter.es/en/more-products/103929-px-055-plyometric-box.html>

PX-075 COMBAT ROPE

<https://www.salter.es/en/more-products/103930-x-075-combat-rope.html>

PX-205 SUSPENSION SET

<https://www.salter.es/en/more-products/103870-x-200-suspension-set.html>

PX-004-PX-020 KAHVAKUULAT (4kg-20kg 2 paria jokaista)

<https://www.salter.es/en/864-kettlebells>